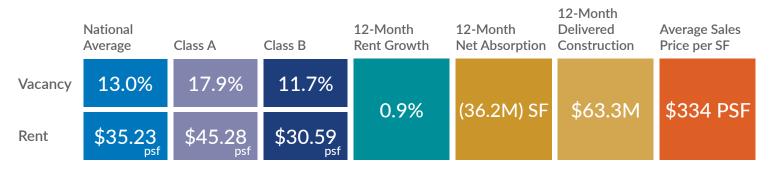
# U.S. Office Real Estate Market Summary | Q1 2023

# Office Real Estate Statistics

cresa

plante moran



### Executive Summary \_

With net absorption negative in 2022 for the third consecutive year, the national office real estate market has been characterized by persistent negative demand since the onset of the pandemic. In addition to hybrid work and remote work considerations, a looming recession has decision-makers hesitant and to make long-term commitments to a physical workspace.



Leasing activity has slowed considerably in the second half of 2022 and into early 2023. As many organizations brace for a looming recession, 2023 is expected to be the fourth consecutive year of negative net absorption.

RENT

in 2019, the amount of sublease space available has placed tremendous downward pressure on asking rents. Generous tenant improvement allowances are becoming the standard for new lease executions.

Now at double the number recorded



BUILDS

Construction starts have slowed quickly – at just over 10 million SF, starts in the last quarter are at the lowest level in 10 years and less than half of the quarterly average of 20.7 million from 2015 to 2019.



An expected slowdown in transaction volume has finally begun to materialize. In Q4 2022, total transaction volume was \$13.7 billion, the lowest figure for the final quarter of a year since 2009. There is still an abundance of capital to invest in real estate, but the slow activity suggests that investors and REITs are patiently waiting for a repricing to occur.



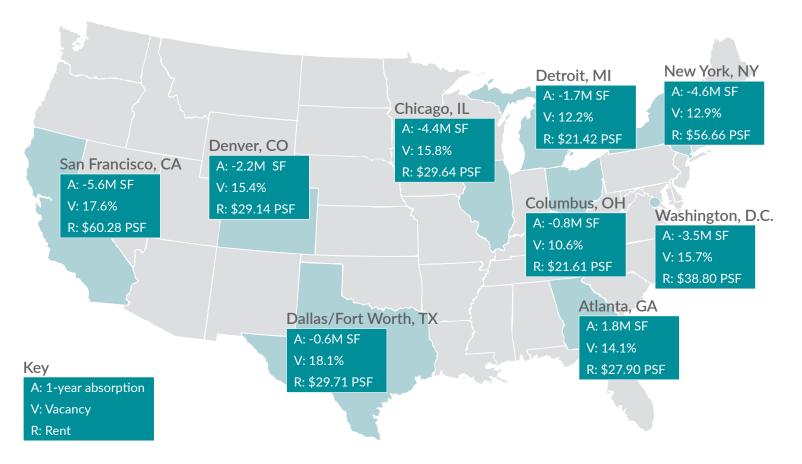
The U.S. economy is still expanding, but signs of slowing are becoming more evident as the Federal Reserve boosts interest rates to tackle inflation that is still stubbornly high. With a pullback of consumer spending and business investment, many are expecting the economy to tip into a recession this year.

# Office Leasing Outlook

Leasing activity remains suppressed from pre-pandemic levels and is expected to worsen as organizations prepare for an expected recession. A key indicator of the market's performance is the amount of sublease space available, which is more than double the amount at the end of 2019. In some key metropolitan markets, sublease space represents over 5% of available inventory. Demand has held up well for some asset classes, including properties delivered since 2010, where net absorption has been positive every quarter despite the pandemic. Overall asking rent has remained relatively flat since 2020, falling far behing the inflation rate hikes of 7.0% in 2021 and 6.5% in 2022.



### **Metrics from Select Metros**



### **Office Construction & Deliveries**

In 2022, 42.9 million SF were delivered, while another 70 million SF is expected to be delivered in 2023. Construction starts have slowed quickly – at just over 10 million SF, starts in the last quarter are at the lowest level in 10 years and less than half of the quarterly average of 20.7 million from 2015 to 2019.

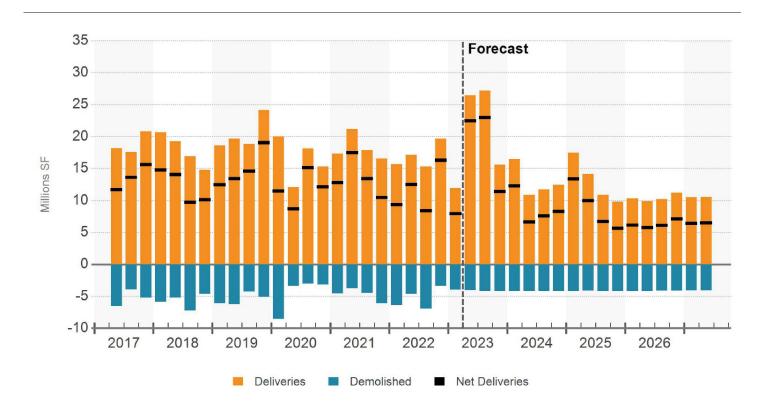
Construction activity is concentrated where demand has been resilient. San Jose and Seattle have over 20 million SF in their collective development pipeline. There is also a large amount of development activity in Boston and San Diego, as well as Sun Belt metros Austin, Nashville, Miami, and Charlotte. As organizations implement hiring freezes and planned layoffs, there is a high likelihood that new construction supply pulls ahead of demand, tipping the market even more in the tenant's favor.

#### **Top Metros Under Construction**



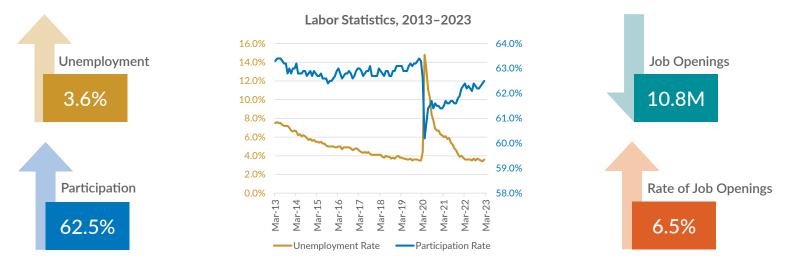
#### **Deliveries & Demolitions**

**National Metrics** 



### Economy \_

The U.S. economy is still expanding, but signs of slowing are proliferating as the Federal Reserve boosts interest rates to tackle inflation that is still stubbornly high. With a pullback of consumer spending and business investment, many are expecting the economy to tip into a recession by the end of the year. With COVID relief payments in the rear-view mirror, consumer spending is expected to moderate. Hiring freezes and impending layoffs are widespread across industries.



### **National Labor Statistics**

Information contained in this report is provided, in part, from third-party sources, including Cresa, the U.S. Bureau of Labor Statistics, the Bureau of Economic Analysis, Real Capital Analytics, and CoStar Group. Even though obtained from sources deemed reliable, no warranty or representation, expressed or implied, is made as to the accuracy of the information herein.

## About Plante Moran Cresa \_

Plante Moran Cresa offers unbiased advocacy for companies looking to lease, buy, build, or develop a comprehensive real estate strategy that will align their company goals and real estate. Here's how we serve office space users:



Tenant & Buyer Representation Portfolio Optimization Site Selection Lease Administration Incentives



### Owner's Representation

Program Management Team Selection Master Budget & Schedule



### Real Estate Consulting

Strategic Planning Due Diligence Programming/Benchmarking

# Contact

To learn more about your real estate market or to discuss your company's real estate needs, contact us today.

#### **Rick Pifer** Rick.Pifer@plantemoran.com (248) 223-3698



### Ron Gantner, CPA

Ron.Gantner@plantemoran.com (248) 603-5257

